

CLASSIC BRITISH



Supreme omega salmon & egg

Serves 6 • £28
Flaked salmon • egg • green beans • greeny grains • vinaigrette dressing

PRE-PORTIONED SERVINGS AVAILABLE



Marvellous mixed sandwiches

Serves 6 • £25
Mozzarella, sunblush tomato & avocado • coronation chicken • rare roast beef & cheese • flaked salmon & cream cheese



Brilliantly british burner salad

Serves 6 • £26
Coronation chicken wraps • ham & egg sandwiches • egg, Greek style cheese & smokey tomato bagels • Lemon prawn mayo & cucumber rolls



Chicken slow burner salad

Serves 6 • £27
Chicken • barley • lentils • fresh veggies • Greek cheese • chilli • mint • sweet chilli dressing

PRE-PORTIONED SERVINGS AVAILABLE



Slow burner salad

Serves 6 • £22
Barley • lentils • fresh veggies • mint • Greek cheese • chilli • sweet chilli dressing

PRE-PORTIONED SERVINGS AVAILABLE

Last minute lunch? Order before 10am for same day delivery

MEDITERRANEAN



Mixed artisan wraps

Serves 6 • £25
Hummus • falafel • coronation chicken • sriracha prawn & avocado • Italian chicken



Ultimate chicken salad

Serves 6 • £28
Chicken • mozzarella • sunblush tomato • red roast peppers • grainy greens • fresh basil • vinaigrette dressing

PRE-PORTIONED SERVINGS AVAILABLE



Chicken tabbouleh

Serves 6 • £27
Chicken • quinoa • tomato • cucumber • avocado • mint • pistachio • pomegranate seeds • vinaigrette dressing

PRE-PORTIONED SERVINGS AVAILABLE



Mediterranean mezze

Serves 6 • £24
Tabbouleh salad • eggs • falafel • wholemeal wraps • sunblush tomatoes • veggie salad pots



DELIVERY SLOTS START AT 11AM



CUTLERY INCLUDED



FULL ALLERGENS AVAILABLE ONLINE



SALAD TONGS INCLUDED

HEALTHY EATING



A vegan rainbow

Serves 6 • £22
Hummus • edamame • beetroot • pickled cabbage • carrot • greeny grains • vinaigrette dressing

PRE-PORTIONED SERVINGS AVAILABLE



Protein power pots

12 pots • £22
Flaked salmon, egg & edamame • Falafel & hummus • Greek cheese, beetroot & cucumber



Lighter luxuries

Serves 6 • £28
Avocado bowls with Greek cheese & sunblush tomato • salmon nori wraps • chicory leaves with chicken, rice noodles & chilli



Plant power sandwiches

Serves 6 • £24
Hummus & roasted peppers rolls • smashed pea, mint & Greek style cheese wraps • egg & avo on rye • mozzarella & sunblush tomato sandwiches

NEW YORK CLASSICS



Proper roast beef salad

Serves 6 • £28
Premium rare roast beef • beetroot • green beans • greeny grains • crispy onions • vinaigrette dressing

PRE-PORTIONED SERVINGS AVAILABLE



Soho baguettes

Serves 6 • £24
Mozzarella, sunblush tomatoes & avo • chicken, bacon & salad • ham & cheese • rare roast beef, cheese & rocket



Midtown deli

Serves 6 • £26
Pastrami, cheese & gherkin on rye • smoked salmon dill bagels • BLT rolls • cheese & tomato sandwiches



Fruity yoghurt pots

Serves 12 • £22
Turmeric, sultanas & pistachio • acai berry, mixed berries & agave syrup • mango quinoa & almonds



Fabulous fresh fruit

Serves 12 • £20
Fabulous fresh fruit bananas • apples • grapes • satsumas



DELIVERY SLOTS START AT 11AM



CUTLERY INCLUDED



FULL ALLERGENS AVAILABLE ONLINE



SALAD TONGS INCLUDED

BREAKFAST

ORDER BEFORE 4PM FOR NEXT DAY DELIVERY



City breakfast

Serves 6 • £24
Ham & cheese mini croissants • bacon & egg wraps • salmon & cream cheese bagels



Fresh french pastries

Serves 6 • £18
Almond croissants • pain au chocolats • apricot danishes



Rise and shine croissants

Serves 6 • £14
Flakey buttery croissants with strawberry jam & marmalade



Energisers bagels

Serves 6 • £22
Egg, Greek style cheese & smokey tomato bagels • bacon & egg bagels



Best veggie breakfast

Serves 6 • £24
Cheese & sunblush tomato mini croissants • avocado, cream cheese & chilli on rye bread • egg, Greek style cheese & smokey tomato bagels



Vitaliser veggie bagels

Serves 6 • £20
Egg, Greek style cheese & smokey tomato • cucumber, chilli & cream cheese



BREAKFAST DELIVERY SLOTS START AT 7:30AM



FULL ALLERGENS AVAILABLE ONLINE



NAPKINS PROVIDED

SNACKS & TREATS



Fruity flapjacks

Serves 6 • £14
Gluten free oaty deliciousness



Naughty little brownies

Serves 6 • £14
Decadent & gluten free



Roasted vegetable crisps

Serves 6 • £7



Juices

250ml • £2.29
Orange
Apple
Watermelon & strawberry

Fruit aids

250ml • £2.19
Ginger
Raspberry

Fruit waters

500ml • £2.19
Mango
Lime

DRINKS

See our full, delicious range of snacks, treats & drinks at pod.co.uk